



It may not seem like it, {{FirstName or 'friend'}}, but we're only 100 days away from Election Day.

**And if the past few months have taught me anything, it's that a lot can happen in 100 days.**

(Seriously, so much – the Dobbs decision, the first Black woman sworn in as a U.S. Supreme Court Justice, the baby formula shortage, President Biden signed the Bipartisan Safer Communities Act into law, Iowa Democrats shut down Kim Reynolds' voucher scheme, **I even broke my foot!**)

I know it feels like we're living in the middle of a disaster movie right now, and it would be so easy to think this is just how things are now.

**But the way things are isn't how they have to be.**

We can build a better future together where no one goes broke trying to stay healthy, every kid gets a world-class public education and folks are accepted and valued no matter who they are, who they love, or how they got here.

**[And that starts with electing Iowa Democrats up and down the ticket. We're in the home stretch now – can I count on you to dig deep and chip in \\$10 right now?](#)**

**CHIP IN \$10**

We can't keep trying the same things over and over and expecting different results. Kim Reynolds and Iowa Republicans have had their time to make Iowa better and they've just made a bigger mess.

**[Every step toward a better future is still progress, {{FirstName or 'friend'}}. Are you in?](#)**

– Lauren McElmeel, Digital Director

P.S. Don't worry, my foot is fine now.